



— The —
HEALING TRILOGY
Kimberly Meredith

Prayers

My Ascension into the 5th Dimension

Channeled Prayer by Kimberly Meredith

I am fully, freely, and willingly accepting today the awakening of the 5th Dimension.

I know and trust that by fully being in the 5th Dimension, I will witness Miracles today.

My heart is open and ready to receive the love and intimacy of God Consciousness.

When fully trusting God in the 5th Dimension, I can hear and feel and have a shift and everything in my life is easy and abundant.

Through the Divine, my gifts are fully awakened today in the 5th Dimension.

I am healed in the 5th Dimension. I feel amazing in the 5th Dimension.

I love being in the 5th Dimension.

I feel peace, love and joy in the 5th Dimension.

I am trusting that the negative 3rd Dimensional mind chatter is quickly overcome by the 5th Dimension.

My mind is automatically focused on the present moment with no effort required.

My mind is simply a state of being.

I automatically live in the 5th Dimension.

My heart is open in the 5th Dimension.

I am a child of God.

5D Starseed Affirmation

Channeled by Kimberly Meredith

I am born a Starseed born in a 3rd Dimensional body

I am a Starseed, an angelic light being

I am here on this earth plane

I was sent here to complete a mission

My purpose is to help humanity in some way

I am a Starseed to assist the earth and humanity with the ascension process

The ascension involves to raise the energy to a higher vibrational frequency

To shift the consciousness into a heart based conscious universe

We are Starseeds the 11:11 triggers an awakening of the Starseeds as we move humanity forward

I am born a Starseed born in a 3rd Dimensional body

I am a Starseed, an angelic light being

I am here on this earth plane

I walk my path to the awakening

As many other Starseeds join together and open up their hearts to the Divine Light mission

We can all save the Universe

Modern Day Mother Mary Prayer

I honor the feminine Divine in you

in this everyday world

all forms of the Divine

shifting the energy to love

I honor the feminine

Divine energy in myself as well

to serve others, I serve you

Freely balancing the masculine energy

choosing to not cling to any energy

that binds me

or does not serve me

I rinse off the shame

My eyes shine

my heart is worth the gold of God's Love

I live in my truth
I live in my feminine strength
I can speak freely now
I can speak strongly about who I am
to you and for you
In that I am free
I am the Feminine Divine
I carry all my wounds
I fill my cup up with Holy Water
and my right hand swears to always
be a modern day Mother Mary
in this everyday world
shifting the energy to Love.

A Prayer for Peace, Justice, and Healing

In these days
when so many
are coming together
to demand justice
and fair and equitable treatment
Let us come together
in prayer
In these days
when so many
have suffered
so long
and endured
so much
Let us come together
in prayer
Let us come together
in prayer
O Lord
for justice
everywhere
Let us come together
in prayer
O Lord
for fair and equitable treatment
for everyone

Let us come together
in prayer
O Lord
for peace
everywhere
Let us come together
in prayer
O Lord
for compassion
for everyone
Let us come together
before Thee
O Lord
in prayer
and solidarity
to honor
to remember
and to support
all who have suffered
and all who suffer still today
from oppression
indignity
unfairness
and unjust treatment
Let us come together
in prayer
that the hearts
of all humans
on this Thy World
may be filled
with Love,
Peace,
and Hope
so that this World
may more closely resemble
Your Heavenly Home
In your Holy Name we pray
Amen

Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.

Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.

Amen.